

CAMC Life Support Training Center PALS Course

Dear PALS Provider Student:

Welcome to the PALS Provider Course.

When and Where the Class Will Be Given

Dates: As selected online

Times: 9:00 AM start

Location: CAMC Patient Simulation Center – General Division – 5 East

Please plan to arrive on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course.

What We Sent You

We have enclosed the agenda. The text book for your course can be purchased online at our website (www.camcinstitute.org/lstc) under the “LSTC Bookstore” tab. We also keep a minimal stock of text books available on site in the event of a late registration where delivery time is insufficient.

How to Get Ready

The PALS Provider Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or an out-of-hospital setting. Because the PALS Provider Course covers extensive material in a short time, you will need to prepare for the course beforehand.

Pre-course Requirements

You should prepare for the course by doing the following:

1. Complete the pre-course preparation checklist that came with your *PALS Provider Manual*. Bring the checklist with you to the course.
2. Review the course agenda.
3. Review and understand the information in your *PALS Provider Manual*. The resuscitation scenarios require that your BLS skills and knowledge are current. You will be tested on 1-rescuer infant/child CPR and AED skills at the beginning of the PALS Provider Course. You must know this in advance, since you will not be taught how to do CPR or how to use and AED.
4. Review, understand, and complete the ECG and Pharmacology Pre-course Self-Assessment on the Student Website (www.heart.org/eccstudent). The passcode to access the test is “pals15”. You will not be taught how to read or interpret ECGs in the course, nor will you be taught details about PALS pharmacology.
5. Print your scores for the Pre-course Self-Assessment and bring them with you to class.

What This Course Does Not Cover

The PALS Provider Course does not teach algorithms, ECG rhythm recognition, or pharmacology. If you do not learn and understand the ECG and pharmacology information in the Pre-course Self-Assessment, it is unlikely that you can successfully complete the PALS Provider Course.

What to Bring and What to Wear

Bring your PALS Provider Manual to each class. You will need it during each lesson in the course. You may wish to purchase the AHA's 2015 Handbook of Emergency Cardiovascular Care for Healthcare Providers (optional), which you may bring to the course to use as a reference guide during some of the stations in the course.

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell an instructor. The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

We look forward to welcoming you to your course. If you have any questions about the course, please call Heather Pennington at (304) 388-1859.

Sincerely,

Heather Pennington, MHA, EMT-P, C-TAGME
Lead Education Specialist
Life Support Training Center